

Family Deployment Handbook

Minnesota National Guard Public Affairs Office	(651) 268.8949
First Call for Help (community information and referral)	211 or (651) 224-1133
American Red Cross	
Armed Forces Emergency Contact	(888) 737-4306
Central Minnesota Chapter Local Emergency	(800) 560-7641
Lincoln/Lyon Chapter Local Emergency	(507) 532-5565
Renville/Redwood Chapter Local Emergency	(320) 523-1342
State Family Programs Coordinator Hours: 8:00a.m. – 4:00p.m.	(651) 268-8200
or after hours	(888) 234-1274
TRICARE	(888) 874-9378
Military One Source	(800) 342-9647
Employer Support of Guard and Reserve	(320) 269-9284
84 th Troop Command Chaplain 1LT Chaplain John Shay	(612) 600-8237
1-151 MAJ (Ret) Chaplain William E. Klavetter	H: 507-637-7451
	C: 507-822-2240
	O: 507-637-2592

Useful Websites

Minnesota National Guard: www.minnesotanationalguard.org
Army Knowledge Online: www.us.army.mil
Minnesota Family Programs: <http://www.beyondtheyellowribbon.org/HomePage>
First Lady's Military Family Care Initiative:
www.firstlady.state.mn.us/initiatives_militaryfamily.html
TRICARE (Medical Services): www.tricare.mil and www.triwest.com
American Red Cross: www.redcross.org
Military Pay System: www.dfas.mil
Employer Support of Guard and Reserve: www.ESGR.mil
Military One Source: www.MilitaryOneSource.Com
National Association of Child Care Resources & Referral Agency (NACCRRRA):
www.naccrra.org/MilitaryPrograms/assistance.php
MN Child Care Resource & Referral Network: www.mnchildcare.org
Army.Com: www.army.com
Married to the Army.Com: www.marriedtothearmy.com

IMPORTANT MATERNITY INFORMATION

If you are going to have a child during the time your spouse is deployed please call your local FAC or your FRSA to report the birth. Please refer to page 15 for information to provide to enroll your child in DEERS.

As the parent of a newborn the following information will be needed for us to provide to the **First Lady of MN** and you will be invited for an afternoon luncheon with the First Lady!

Soldier (Father) Information

Rank and Name
Unit Deployed With
OIF (*Iraq*) or OEF (*Afghanistan*)

Mother/Child Information

Mothers Name
Contact Information (*Address/Phone/e-Mail*)
Childs Name/Gender
Date of Child's Birth
(*Optional Information: Size & Weight*)